

The magazine for good food & healthy eating

Cooking Smart™

Easy Holiday Dinners

*PLUS:
BEST COOKBOOKS
& BEST DIETS

65 RECIPES

Pumpkins
Breads
Citrus
Punch
Dips

A MONTH
OF MENUS

Making burritos
with the cast of
Desperate Housewives

Let Us All Eat Cake!

Birthday parties can hold little joy for kids suffering from food allergies. As any parent knows, most pre-packaged cookies and cakes are off limits, while finding recipes for homemade, allergen-free desserts can prove a challenge even for the most innovative chef. But Cherrybrook Kitchen, a new dessert-mix company, offers cookie and cake mixes that are dairy, nut and egg-free, as well as kosher and vegan.

The Massachusetts-based company was founded last year by Patsy Rosenberg, a mother of two, who herself developed food allergies four years ago. "There's really nothing out there like this," said Rosenberg. Kids — and adults — won't know what they are missing: The line tastes homemade and puts other pre-packaged dessert mixes to shame.

Cherrybrook Kitchen is available nationwide at such stores as Whole Foods and Super Target or online at: www.cherrybrookkitchen.com. — *Dakota Smith*



SMART
THE F
DAVE

NOV/DEC 2005 Vol. 01 Issue 03

\$4.99US \$6.99CAN



www.cookingsmartmagazine.com