

Gourmet Foods

Sweets

Cherrybrook Kitchen

Fun and Delicious Desserts that are Safe for Those with Food Allergies

www.cherrybrookkitchen.com

by Krystal Houghton



Did you know that 11 million Americans have food allergies? That means that at least one person at every office party, birthday party, bake sale, or potluck you attend, probably can't eat what you brought. Food allergies can be particularly tough on children. When they can't eat cake and cookies with their peers, they often feel singled out and confused about why they can't share in the same dessert as everyone else.

But cooking food that's safe for everyone can be very difficult between finding substitutions and trying to interpret tricky wording on packages. Which is why Patsy Rosenberg took it upon herself to make it a whole lot easier!

After being diagnosed with food allergies herself, Patsy developed Cherrybrook Kitchen dessert mixes. Now all you need is a few simple ingredients to make great dairy-, egg-, and nut-free deserts. Patsy experimented with hundreds of recipes before coming upon the final products. Her goal was to make her sweet treats just as tasty as normal desserts. And boy did she succeed! Her all-natural cake, cookie, and frosting mixes are delicious. Currently there are 6 dessert mixes available: Chocolate Chip Cookie, Sugar Cookie, Yellow Cake, Chocolate Cake, Chocolate Frosting, and Vanilla Frosting. (The frostings are gluten free too!)



Cherrybrook Kitchen's products are not only great for allergy sufferers, but also for vegans or those who keep kosher. And the Cherrybrook Kitchen routinely batch tests all of their mixes for peanut, dairy, and egg traces, to ensure the consumer's safety. Their products also contain no chemicals or preservatives, so you can feel confident feeding them to your children.

The cake and frosting mixes are perfect for kids' birthdays. It's nearly impossible to keep tabs on all the allergies in your children's class, which is why many schools have banned peanut products entirely.

Cherrybrook Kitchen provides an easy way for parents to err on the side of caution, and create a dessert the whole class can share in. And they're quick too! These desserts take only 10-25 minutes to bake – perfect for those cupcakes your child inevitably tells you about on your way out the door.

The Cherrybrook Kitchen cookies have a great chewy texture and unique flavors that make them not only mouth-watering, but also totally memorable. I brought a batch of both the chocolate chip and sugar cookies into work and several people asked me for the recipes. No one could believe it when I told them the cookies came from a mix! The best part? They were so yummy that no one guessed they were also dairy-free, egg-free, and peanut-free.

Cherrybrook Kitchen's packaging is also really wonderful. The boxes feature bright colors and whimsical designs like children flying cake kites and sledding down frosted cupcakes. Kids will love looking at these cartons and then eating the results. Parents and food allergy sufferers need look no further than Cherrybrook Kitchen for fun and delicious desserts that are safe for everyone.